

Oasis

domestic abuse service

impact report *2010*



Reg' Charity No. 1126198
Reg' Company No. 05810653
Registered in England & Wales

Oasis Needs Your Vote

Thanks to YOU, we have reached the FINALS of

The National Lottery Awards

Oasis is competing for the title of
Best Voluntary/Charity Project.

We are one of the last three in this category

Please vote for us and help us to reach more people
desperately in need of our support;
it only takes a moment



0844 8369734



www.lotterygoodcauses.org.uk/awards

is where you need to cast your vote

Voting opens on 2nd September and closes on 26th September.

Two women a week are murdered in domestic violence homicides.

For more information contact loukia@oasiswomensrefuge.org

Chairperson's Report

Chairman's Report

It is a privilege to be part of Oasis and to play a role in supporting those who have suffered domestic violence and who make the journey to recovery whether in the Refuge or in the Community. This work relies on the courage of the victims and the resilience of our staff, as well as working in harmony with our partners, who include the police, social services, local and county councils, the justice system, NHS organisations, the Voluntary Sector and the education service. Meeting the needs of children is a vital part of our work.

Oasis is determined to maintain high quality services and has again received recognition in its grade A rating from Supporting People and its ongoing relationship with the Lottery funders. Our Manager brings vision, many skills and outstanding leadership to the organisation. A major project led by our manager this year has been to increase the size of our refuge and community teams with beneficial results for our clients and also enabling staff to have clearer roles. The Recovery Toolkit Programme has continued to show its worth. Staff training and supervision remain very high on our agenda and we take any opportunities offered to provide training outside of our own organisation. User involvement is an essential characteristic of Oasis which enables many sparks to be ignited. We now have Service User Involvement at Trustee level.

All the Trustees have been dedicated in giving their time and advice to Oasis so that it complies with Charity and Company legislation and is accountable in all that it does. I would like to thank all my fellow Trustees for their effective contributions. Sadly I have to report the death of Tricia McDade, who despite her demanding job and many family commitments, gave tireless service to Oasis as a Trustee. Tricia had many insights into the work of Oasis and her valuable contribution cannot be over-estimated. We have been able to mark our appreciation in a very small way by a donation to a charity chosen by her family.

Our AGM was staged in conjunction with an exhibition, reflecting that the anguish experienced by our clients and their road to recovery can be aided by the creative arts.

Oasis also relies on and is enriched by the contributions of volunteers, who give generously of their time and experience. Funding is always an issue for Charities and we are grateful not only for major funders but for each and every penny raised in the local community. Oasis now has a dedicated fund raiser in office and her work is most successful not only in increasing donations but in extending our influence in the community. We have also seen the development of a group of volunteers who come together as a fund-raising group. Events have included a sponsored walk and a cinema showing. We value the goodwill reflected in our community and we take seriously and strive to extend our role in raising awareness of domestic violence, its consequences and strategies for prevention as well as cure in the community at large and among our fellow Statutory and Voluntary Organisations.

June Binfield

Oasis Trustees:

Jacqueline Downing

June Binfield

Rebecca Bradley

Tricia McDade

Kim Thorley

Elaine Phillips

Carol Allen

Douglas Clark

Derrick Downs

Kristel Moore



WHAT WE DO

Oasis is committed to offering specialist support interventions to families affected by domestic abuse issues. We do this through the provision of a refuge service, a community team of IDVA's (Independent Domestic Violence Advisers), counselling services and Children's Support.

OUR AIM

- * Empower families to take back control of their lives
- * Support them to have increased safety from abuse
- * Foster and enhance social cohesion and inclusion

Oasis Staff Culture Survey results:

Morale 93%

Performance 95%

Organisation 92%

Learning &

Development 93%

Communication 95%

Manager & Team 99%

For details of the contents please contact the service manager

My name is Toni & I have worked at Oasis for just under 4 years as the Child Support Worker. My role started as play worker and we have developed the role to incorporate more family and one-to-one work. As the role developed further I have started to run groups with both adult and child victims of domestic abuse which are designed to increase self confidence and self respect while also learning to recognise healthy relationships.

As Oasis always strives to include all aspects of the community, it was decided that my role would develop further to take on another aspect which would be to introduce the Respect Toolkit. The toolkit is used to help young people 13 – 18 years who are either at risk of instigating or becoming victims of violence. The toolkit supports learning about how we manage our feelings to best interact with those around us. Young people are asked to consider a range of issues, such as, attitudes towards parents, sexual attitudes and acceptable behaviours. The programmes can either be run as 1:1's or groups and are a great way for young people to develop their own thinking without being put under the "spot light". A female and male facilitator will help the group to challenge and explore ideas in a safe and fun environment. Oasis hopes to implement this new group working early in 2012, for more information contact

toni@oasiswomensrefuge.org

our exhibition



The launch of Survivor's Voices in November of last year was a project that we all worked very hard on. Current and ex-service users worked alongside children, staff members and volunteers to make the work that we exhibited. Many of the pieces were able to express not only the hardships of domestic abuse, but also the potential for healing in the years that follow. We were all amazed by the sheer numbers that came through the door and positive feedback that was received. This was an incredible project to be involved in and the Oasis team were incredibly proud of the result.



Oasis Craft Group:

This group continues to run and is facilitated by a kind volunteer. Every week women who currently live in the refuge or have moved on from the refuge come together to make a variety of things.





Oasis Women's Refuge

Oasis supports clients through the provision of a safe house or 'refuge' for women who have no option but to flee their homes. The refuge offers 24 hour access, 7 days a week, 365 days a year and operates an on-call service outside normal office hours. Oasis has reciprocal arrangements to receive referrals from, and refer to, other refuges across the country.

In 2010 we implemented the use of an outcomes database known as 'Outcomes Star'. Clients on intake will mark their perceived place through this tool and then are able to chart their progress along scales relating to a variety of areas.

Not only does this allow us to conduct useful impact measurement but also allows our

clients to see their journey visually represented which is empowering for them to continue to seek positive life changes.

The Refuge Team continue to provide exceptional levels of support and the charity offers added value to each and every one of the residents through the provision of additional services, such as, a Child Support Worker and an in house counsellor. Women report consistent improvements in their daily lives except in the most exceptional circumstances.

Did you know?

*On average 70%
of refuge residents
are children*

"So many thanks to all of the team at Oasis. Now I can feel confident and I have learned to protect myself"

- * **43 families accommodated in 2010**
- * **The refuge accommodation was 100% available for the whole year**
- * **It was utilised 92% of the year (this means that 48/52 weeks we were full**
- * **37 clients were resettled during the year and 89% of these were planned moves**

We achieved a
Grade A as a
Supporting
People provider.

Motivation +40%

Living Skills +40%

Managing money +30%

Social networks +50%

Substance use +30%

Physical and mental health +30%

Meaningful use of time +30%

Tenancy management +30%

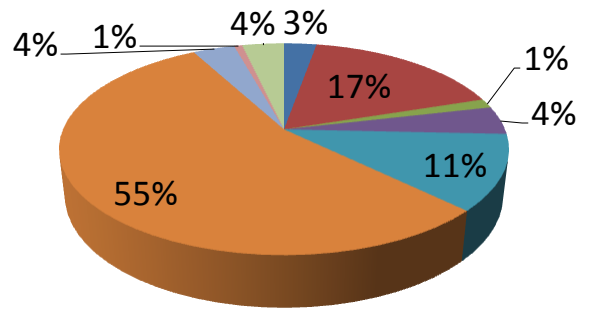


Oasis Community Support

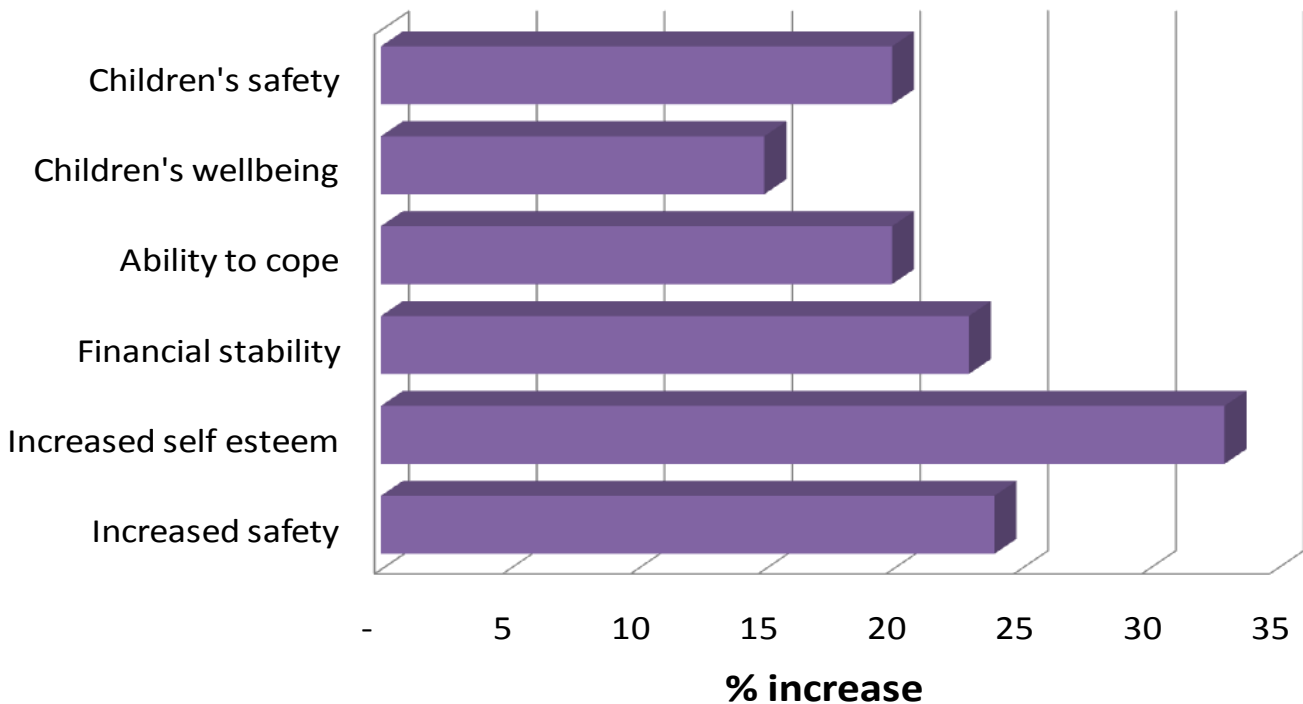
This year our Outreach Team supported more than 400 local families living in high-risk situations. This team is dedicated to supporting those experiencing domestic abuse to remain in their own homes, by giving support with financial, emotional and legal issues. This work means that more prosecutions are successfully concluded, fewer women and children become homeless and vulnerable people are supported to become active members of their communities - by returning to work, becoming better parents and dealing with their own vulnerability more effectively.

Who make referrals to the Community Team?

- Health Services
- Voluntary Organisations
- Solicitors
- Criminal Justice
- Children's Social Services
- Kent Police
- Housing
- TDC
- Children's Centres



Community Team Outcomes



Kathy's story....

Kathy was referred to us by the police in December 2009 following one of the most brutal domestic violence attacks our Community Team has ever seen. She was left for dead by someone who claimed to love her and before this attack she was a professional consultant and qualified counsellor who had been in practice for many years, working with groups of entrepreneurs and about to embark on further career development.

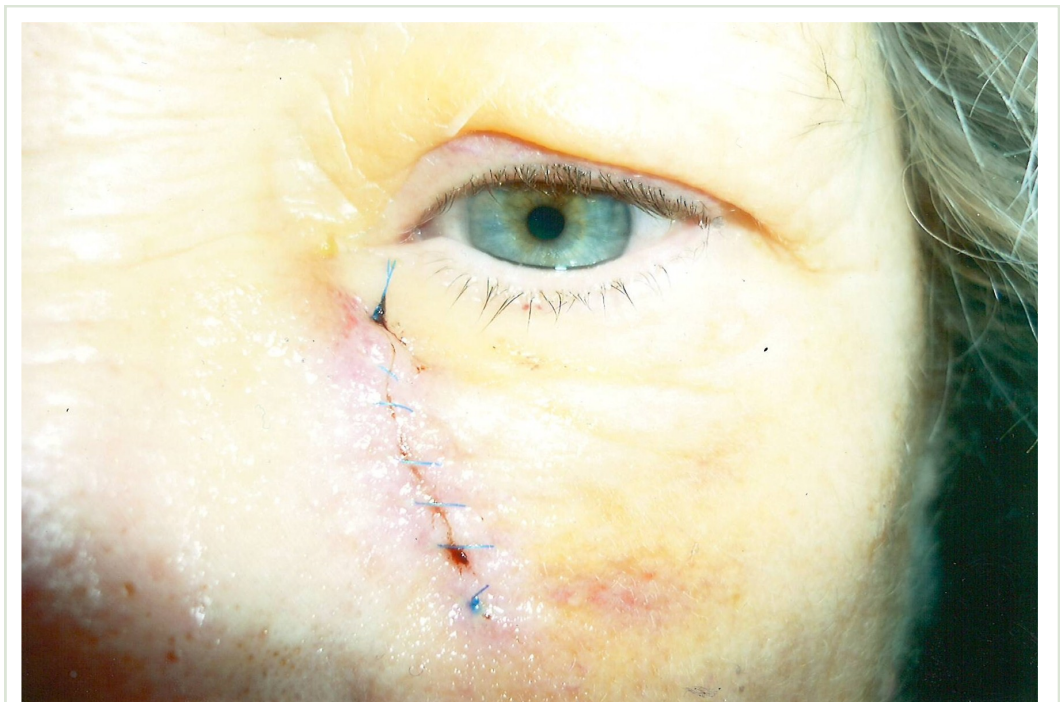
Kathy's attack was so severe that even now she suffers from residual internal bruising. She has difficulty in swallowing because she was throttled and is on daily medication from the constant headaches that have resulted from the head injury he inflicted. Post Traumatic Stress Disorder has rendered Kathy almost unable to leave the house. Her hard won career is over and she cannot enjoy activities she enjoyed before; she cannot even get in and out of a bath.

Oasis' Community Team offered practical and emotional support to Kathy. She underwent comprehensive

"Kathys attack was so severe that even now she suffers from residual internal bruising"

safety planning and risk management; she has been housed safely (she was forced to leave her own home) and has a police panic button. We were able to help her access financial advice and liaise with her as to the perpetrator's release date for her own safety.

Kathy has had counselling at Oasis and has attended The Freedom Programme (a group working model to support women's understanding of the nature of a perpetrator of abuse). Kathy was unable to talk about what has happened to her with anybody in her personal life; Oasis were her only source of support as she struggled to rebuild the life that was snatched away from her. She had a daily point of contact here with someone who understood the trauma that she underwent.



Roll of Honour

2010

All Saints Church Westbrook	Hairology at Mark Andrew Hairdressing	Rayners Opticians
Margaret Anderson	Hockeridge Nursing Home	Rotary Club of Broadstairs
John Ashmore	Holy Trinity Broadstairs	Rotary Club of Ramsgate
Barnes Marsland Solicitors	Holy Trinity Church Mother's Union	Rotary Club of Westgate and Birchington
Birchington and Westgate Clinic	Holy Trinity School	Kathy Roddy
Birchington Methodist Church	Hotel De Ville	Mrs Reed
Boots	Mr Holbrook	Shirley Robinson
Bromstone Primary School	Ray Holdstock	Richard
Annette Bates	Mrs Horsfall	Six Bells Childrens Centre
Kelly Bristow	Tanya Hunt	St. Andrews Church
Mr and Mrs Burke	Inner Wheel of Margate	St. Georges Old Girls Association
The Cliffsend Villiage Shop Association	Kent Active Retirement Fellowship	The Parish Church of St. John the Baptist
Callis Grange Infant School	Maureen Kimpton	St. Pauls Community Centre
Cliftonville Ladies Bowls Club	Amie Kimpton	Surestart
Cliftonville Primary School	Miss P Knight	Somerfield
Copart UK	Janet Ladyman	Lyn Sabbaghi
Mrs D Cartwright	Maureen Lancaster	Mrs Shay
Miss G Cartwright	Breda Leavesley	Fay Shuttle
Mr and Mrs Castle	Amy Lees	Sue Simpkin
Julie Charlton	Marks and Spencer	Danielle Sims
Sister Katy Clapham	Margate Fire Station	Susan Smallbone
Julie Cook	Margate Police Station	Hugh and Helen Smith
Ann Dickinson	Mad Max	Jane Staines
Lyn Downs	Masonic Lodge of Rectitude and Harmony	Thanet School Meals Group
Ellington and Hereson School	Monkton Methodist Church	The Cameo Club
The Elizabeth Anne Care Home	Chris Michael	Mr Taylor
Spontenaity	Sophie Moore	Rod Thomas
Fegans	Nail and Beauty at Sundays	Rose Thompson
Ms M Finch	Newington Free Church	Ann Thorley
Mrs Fowles	Palm Bay School	Mrs Thronsen
Lillyanne Gemmell	Percy Gore	Sarah Jane Tucker
Alison Gurden	Terry Pearce	Jeremy Voizey
Haddon Dene Preparatory School	Pfizers	Joyce Ware
Hadres Street Methodist Church	Caroline Price	York Street Methodist Church

How do we spend your donations?

Our donors are hugely generous and the organisation is incredibly grateful for this support which is our lifeblood. This year we have continued to provide through your generosity:

Counselling, exercise, complementary therapies, looking after our garden, Christmas, birthdays, summer activities, building self esteem and providing basic household items for the women and children who use our services.

Ways of giving don't forget to Gift Aid it! Form at the back of this report.

Do you shop online?

Visit www.easyfundraising.org.uk to see the range of stores that will donate money to us with no cost to you when you shop with them through this website. There are 2000 well known retailers so give it a go today!

Instant Giving!

Donate one off or set up a monthly direct debit through our website, follow the JustGiving link to proceed.

www.oasiswomensrefuge.org/donating_methods.html



Give As You Earn (Payroll Giving)

Making a regular donation through your payroll at work means that you save tax and we have additional regular income. Contact

loukia@oasiswomensrefuge.org for an employers pack. It's simple, easy and efficient!

There are three types of gift that can be left in a will, visit our website for more information

www.oasiswomensrefuge.org/donating_methods.html



Choose us as your charity when you sell or buy our goods online! If you would like to donate something for our ebay charity shop contact loukia@oasiswomensrefuge.org



Join the Friends
group and support
our cause!

Friends of

Oasis

Hazel Malik

Inner Wheel of

Margate

Darren Philpot

Ladbrokes

Forthcoming

Events

The Marquis at

Alkham

The Friends of Oasis The Friends of Oasis Fundraising Committee have had another very successful year and have worked tirelessly on our behalf. They are now seeking new members; it's a great way to become involved with your community, make new friends and attend social events. If you are interested in joining, please email fundraise@oasiswomensrefuge.org.



The group organised the following highly successful events in 2010:

- Candlelit Walk
- Boot Fairs
- Cinema Night
- Pub Quiz

Hazel Malik

The staff and residents of Oasis would like to say a very special thank you to Hazel Malik who has made a generous private donation to the children of Oasis. Her kindness is much appreciated us all.



Inner Wheel President, Lyn Downs awards a cheque to the Services Manager

Inner Wheel of Margate

This year we were the chosen charity of Inner Wheel Margate who held several events on our behalf, including a very successful screening of The King's Speech. We would like to thank Inner Wheel President Lyn Downs, and all of her members, whose hard work has raised **£1145.31** for the women and children of Oasis.

Friends Forthcoming events The Committee's next event is a Zumba Danceathon, which will take place on 7th October from 4.30 at Queen's Road Baptist Church, Broadstairs. Entry is £5 and all proceeds will go to the refuge. If you would like to take part, please email fundraise@oasiswomensrefuge.org

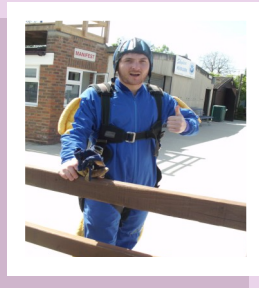
Brook Trust Fund

Kindly funded the provision of some of our adult counselling services which are essential for our clients in their recovery.



Skydive

In May 2011, Darren Philpot was brave enough to skydive 12,000 feet on behalf of Oasis and managed to raise almost £700. We are very grateful for his support.



Marquis charity of the Year

The Marquis at Alkham have chosen Oasis as their charity of the year and will be fundraising on our behalf from September 2011 to September 2012. For more information you can visit their website at www.themarquisatalkham.co.uk.

Ladbrokes

Once again we have been lucky enough to have the support of Ladbrokes in the Community Charity Trust. This year they have kindly donated £2,350 which will enable us to provide counselling for two children for six months. Our thanks go to Mike O'Kane and all the Ladbrokes Trustees for their ongoing generosity.

A date for your diary

For details of further events contact

Loukia on 01843 290 891

e: fundraise@oasis-womensrefuge.org



Domestic Abuse: the facts

In 90% of cases of domestic abuse children are in the same room or the next room. (Hughes 1998)

In 40% - 60% of cases of domestic abuse child abuse is also occurring (Stark & Flitcraft 1998)

The NCH study found 75% of mothers said their children had witnessed domestic abuse, 33% had seen their mothers beaten up, 10% had witnessed sexual violence (NCH, 1994).

Children sometimes feel guilty if they do not come to the aid of their mother. This 'guilt' is often accompanied by self blame and feelings that they have in some way 'caused' their father to be abusive (Saunders, 1995).

Since 1981, the largest increase in violent crimes has been in incidents of domestic abuse (British Crime Survey 1996, Home Office).

Domestic abuse can begin at any stage of a relationship and may continue after the relationship has ended. It can take many forms - not just physical attacks, but bullying, threats, mental and verbal abuse and humiliation. Domestic abuse is usually experienced by women, but this is not always the case, men can be the victims of Domestic abuse, and it can arise in other family relationships

Domestic abuse is a crime that affects a quarter of all women in Britain at some time in their lives, regardless of their class or ethnicity. It accounted for almost half (44%) of all incidents reported by women to the British Crime Survey in 1996. Each year, 45% of female homicide victims are killed by a present or former partner (2 women a week in England and Wales alone).

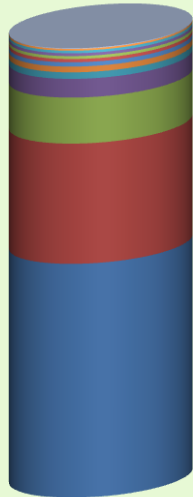
One question frequently asked is "Why doesn't she just leave". It seems quite straight forward, however, the reality is somewhat different. Women stay in violent relationships for reasons ranging from love to terror. They may fear poverty and isolation, worry about becoming homeless or losing their children. They may also be afraid of the repercussions - violence often continues and may escalate in severity after separation, and many women experience continued abuse and harassment from their ex-partner years after 'leaving'.

It takes enormous courage to break out of a violent relationship and make decisions and choices that will change your life completely, forever. The experience of Domestic abuse within a relationship has a complex impact, there may not be a simple solution. Each woman's experience is unique, and dealing with abuse is a process - a woman may need continuing support over time.

Amongst all of this are the children that live in families affected by this issue. Oasis believes that as a society we must unpick the issue of domestic abuse and provide early intervention for families and ongoing support for victims and their children to recover from their experiences.

Financial Report

Oasis Income 2010



■ Sundry Income	£715
■ Safer Stronger Communities Fund	£2,000
■ Training	£2,870
■ Investment Income	£3,132
■ Therapeutic Children's Service	£3,250
■ Kent Police	£3,587
■ The Brook Trust	£4,800
■ Other Fundraised	£6,404
■ Donations	£7,238
■ Freedom Programme	£20,777
■ Big Lottery Fund	£51,097
■ Rent income	£133,411
■ KCC Supporting People	£259,520

We spend 3.9p to raise every £1 of income

Oasis Expenditure 2010



■ Net Income	£5,265
■ Fundraising costs	£11,374
■ Governance Costs	£9,595
■ Charitable Activities	£472,567

Oasis remains financially viable for 2011, full accounts are available on request.



Donation Form

Making a donation will directly help someone to change their life. It may help us save a life. We could not do our work without your support.

You can make a one-off donation or set up a standing order to make a monthly donation.

Standing Order Instruction:

Please complete this form and sign and date it.

Name

Home Address Postcode

Email Address Tel

I would like to make a regular monthly donation to Oasis Domestic Abuse Service by a standing order of:

£5 £10 £20 £50 £100 Other £

Account Name Account Number

Sort Code Account Holding Branch

Branch Address Date of first payment

(Oasis will now send this form to your bank who will set up the payment)

Signed Date

One-off donation

Please complete this form.

I would like to make a one-off donation and enclose a cheque for £made payable to Oasis.

Name

Address Postcode

Email Address Tel

Gift Aid Declaration

Please treat this and all donations I make as Gift Aid donations, until further notice. I am a UK tax payer.

I want Oasis to treat donations that I have made since 6th April 2006 as Gift Aid Donations

